

Empowering Environmental Emotions:

compassion	sense of security
self-compassion	enthusiasm
acceptance	calmness
gratitude	tranquility
sweet wistfulness	presence
longing	connection with
hope	nature
trust	satisfaction
vitality	joy
vigour	happiness
determination	passion
creativity	interest
healthy pride (in oneself or in others)	sense of wonder
respect	surprise
relief	alertness
momentousness	curiosity
meaningfulness	attachment
elation	affection
courage	tenderness
sense of togetherness	love
	beauty